


UcLy

LYON CATHOLIC
UNIVERSITY



International students guide



Dear Student,

In the name of all the members of Lyon Catholic University (UCLy), I would like to say how happy I am to welcome you among us. It is also my pleasure to welcome you to our city, on behalf of the Université de Lyon, the Lyon-Saint Etienne consortium of Higher Education Institutions for training and research, of which UCLy is an associated member, and to the vast Auvergne - Rhône-Alpes region, which you will soon be starting to discover and, I sincerely hope, admire.

You have finally reached us at UCLy after going through procedures which may well have been both long and arduous. The tradition of cultural and intellectual exchange and international friendship which brought you here is, as you will readily understand, considerably longer. The identity of UCLy is humanistic and universal, and the university attaches great importance to welcoming students and particularly foreign students who, even more than others, need individualised support. This guide is intended to make it as easy as possible for you to organise your stay and decide what you want to do in our university and in our city, so that your time and studies here will be rewarding both for you and, albeit less directly, for your country.

In addition to the help this guide will provide, you will also receive help and guidance from all the different Schools and Institutes within the university. They will probably be your first point of contact, but all the university services are also there to assist you, notably the International Relations Office which will try to make your integration easier.

I trust that you will make good use of this guide and I look forward to perhaps meeting you at one of our international events. In the meantime, I wish you an enjoyable and successful time

Olivier Artus, Rector



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MISSION STATEMENT FOR HOSTING INTERNATIONAL STUDENTS AT THE FRENCH CATHOLIC UNIVERSITIES

Lyon Catholic University pays particular attention to the needs of international students who are doing part or all of their studies at one of its schools or institutes.

In order to ensure that they are warmly welcomed, to enable them to feel at home as quickly and as effortlessly as possible and to create a climate of cultural exchange beneficial to the entire university, the representatives of UCLy hereby make the following commitments :

- **To respond quickly** to requests for information from international students, by giving explicit answers easily understandable to people of different cultural origins.
- **To offer personal attention** to students when they arrive, and to spend as much time as necessary to assist them with the material aspects of their arrival in Lyon, and the practicalities of joining the schools and institutes where they will be studying.
- **To give** them the chance to express and share their own cultural and spiritual identity and to encourage them to serve on the various representative bodies that are in charge of student affairs.
- **To help international students** with administrative formalities both inside and outside the university. One way of doing this is to identify staff members and French students who can give personalised assistance.

In accordance with the human and Christian values that inspire them, the members of UCLy consider that international students, through their linguistic, cultural and spiritual differences, serve to promote universality.

WELCOME TO LYON A EUROPEAN METROPOLIS

Lyon, administrative center of the Rhône department and European metropolis of over 1.5 million inhabitants, is situated at the confluence of the Rhône and Saône rivers. Lyon is a cultural, artistic and gastronomic centre, as well as a UNESCO World Heritage Site. As such, it has an abundance of architectural and cultural treasures.

It hosts events of international dimension such as the Dance and Art Biennale, the Nuits Sonores, the Nuits de Fourvière, the Fête des Lumières (Lyon Festival of Lights), etc.

Lyon offers a variety of cultural draws such as its Opera, House of Dance, theaters, museums, libraries...

It is one of France's most prominent centers for European business. Many foreign and domestic companies of international scale as well as international organizations (Interpol, Euronews, WHO, IARC ...) are located in Lyon and the Auvergne-Rhône-Alpes region.

Lyon is the second largest student city in France with four universities and several colleges. The scientific community is very dynamic with particular centers of excellence in the areas of medical research, biotechnology, transportation, clean technology and digital entertainment.



ARRIVING IN LYON

By plane Lyon Saint-Exupéry airport (LYS)



How to get to the city centre from Lyon Saint-Exupéry airport

- The Rhônexpress shuttle tram leaves from the airport every 30 minutes between 5 am and 6 am and between 9 pm and Midnight, and every 20 minutes between 6 am and 9 pm, 7 days a week, 365 days a year. Ticket price: 10 €.
- Carpooling : usually between 4 and 7 € through Blablacar.
- Bus (TCL): Bus line 47 Meyzieu Z.I - Aéroport Lyon Saint-Exupéry. A departure every 30 minutes from 5:55 a.m. to midnight. Ticket. price: 1,90 €
Access to the tramway line T3 in Meyzieu to reach the Part-Dieu train station

+ further informations www.lyon.aeroport.fr / www.rhonexpress.fr / www.blablacar.fr

By train Lyon Part Dieu and Lyon Perrache

The French rail network is operated by the SNCF (Société Nationale des Chemins de Fer). Lyon is 2 hours from Paris, Marseille and Geneva by high-speed train (TGV : Train à Grande Vitesse). Booking is mandatory for high speed trains, prices vary according to the day and time.



+ further informations www.sncf-connect.com



By car Lyon centre

- Follow the «Lyon centre» signs. Parking in the city centre is rather expensive and parking spaces are often hard to find.
- BlaBlaCar is a carpooling community platform. For local, regional or national trips, you can find interesting rates.

+ further informations www.blablacar.fr

By public transport TCL

Greater Lyon's public transport network, ran by TCL, consists of metro and tram lines, funicular railways and bus routes.

- **Campus Saint-Paul** : Métro ligne A, arrêt Perrache - Tram: T1 et T2 arrêt Place des Archives
- **Campus Carnot** : Métro ligne A, arrêt Perrache - Tram: T1 et T2 arrêt Perrache

A single ticket, which lasts one hour, costs 1,90€ or 2,20€ if you buy your ticket on the bus. For people aged 18 to 25 and students aged 26 or 27, the monthly pass is 25 € per month.

+ further informations www.tcl.fr



By bike Vélo'v



Vélo'v is a bike rental service with over 5000 bikes and electric bikes available 340 stations on a 24/7 basis and Electric bikes. A single ride ticket costs 1,80 € and can be bought online or directly at a Vélo'v station kiosk by bankcard. A day Pass ticket costs 4 € and is valid for 24 hours.

Annual membership for 14-25 years old is 16,50 €. Depending on the card the membership is attached to, the first 30 or 45 minutes of each ride are free. Beyond that, you will be charged per minute.

+ further informations www.velov.grandlyon.com

KEY MOMENTS IN LYON

- **Dance and Art biennale**

September-October

The biennale alternates between dance and art every year.

- **Lumiere festival of cinema**

October

The worldwide event of classic cinema.

- **Festival of Lights**

Around December 8th

For 4 nights, a variety of different artists light up buildings, streets, squares and parks all over the city.

- **Quais du Polar**

March

A unique panorama of the world's crime fiction with hundreds of authors for 3 days in Lyon.

- **Nuits Sonores**

May

During the ascension weekend, a festival that focuses on electronic music.

- **Assises Internationales du Roman**

May

A festival for the readers!

- **Lyon BD Festival**

June

To celebrate the art of comic, the city welcomes more than 200 writers.

- **Consular parties**

June

Get to know more about different cultures, traditions and foods with representatives from more than 50 countries.

- **Nuits de Fourvière**

June – July

A month and a half of various artistic representations: music, theater, dance, circus.

- **Tout l'monde dehors !**

Summer

Free events during the summer.



LYON'S HIGHLIGHTS

- Lyon is considered as the world capital of gastronomy.
- A bouchon is a unique type of restaurant found in Lyon that serves specialties of the region: andouillette (sausage of coarsely cut tripe), tablier de sapeur (beef tripe marinated in white wine, covered in breadcrumbs and fried), cervelle de Canut (cheese seasoned with chopped herbs and shallots), grattons (pork, goose, chicken or duck fat fried... in their fat!), quenelles (mixture of creamed fish or meat, with a light egg binding, formed into an egg-like shape).
- Lyon was historically known for the production and weaving of silk. The silk-weavers were called Canuts.
- Traboules are hidden passages connecting one street to another. Originally used by the Canuts during the 19th century to transport silk but also by the French Resistance during the Second World War. silk weavers).

DOWNTOWN AND VIEUX-LYON MARKETS

- **Food and flowers markets :**

Saint Antoine Célestins

Throughout the year : open from Tuesday to Sunday from 6:00 am to 1:00 pm [1:30 pm Friday to Sunday]

Quai Saint Antoine and quai des Célestins - Lyon 2

Quai Augagneur

Throughout the year : open from Tuesday to Sunday from 6:00 am to 12:30 pm [1:30 pm Friday to Sunday] and on Thursday afternoon from 3:00 pm to 7:00 pm

Quai Augagneur – Lyon 3

Croix-Rousse

Throughout the year : open from Tuesday to Thursday from 6:00 am to 1:00 pm [1:30 pm Friday, Saturday and Sunday]

Boulevard de la Croix-Rousse – Lyon 4

- **Farmer's market (in the evening)**

Throughout the year: every Wednesday from 3:00 pm to 8:00 pm
Place Carnot – Lyon 2

- **Organic market**

Croix rousse

Throughout the year: every Saturday from 6 :00 am to 1 :30 pm
Boulevard de la Croix-Rousse - Lyon 4

Saint-Jean

Throughout the year: every Thursday from 6:00 am to 12:30 pm
Place Edouard Commette, côté Manécanterie, Cathédrale St Jean - Lyon 5

Les halles de la Martinière

The grocery store is open from Monday to Saturday from 10:00 am to 8:00 pm
23 rue de la Martinière – Lyon 1

WELCOME TO ANNECY

Annecy, nicknamed «Venice of the Alps» for its canals that run through the old town and its lake with blue-green waters, is located 40 km from Geneva and 50 km from Chambéry. Perched at an altitude of 446 meters, Lake Annecy is the second largest natural lake in France and the first lake in Europe for the purity of its waters. As a city with a long story and an important Gallo-Roman influence, Annecy has also preserved a rich architectural heritage. Between lake and mountains, the capital of the Haute-Savoie is in the second place of the 2022 ranking of cities with more than 2000 inhabitants where it is good to live.

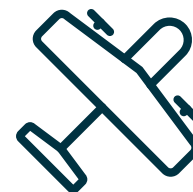
ANNECY'S HIGHLIGHTS

A few days after the one in Venice, Annecy hosts its Venetian carnival with hundreds of masked and disguised people, who wander and parade through the streets in a quiet atmosphere.

Annecy has become the world capital of animated films with its famous festival where several thousand professionals gather to select the best animated film of the year during which films are broadcast for free in theatres and outdoors.

Annecy is known for its Savoyard specialities: fondue (comté, emmental and beaufort cheeses cooked with white wine and garlic), raclette (cheese melted over a fire and then scraped onto boiled potatoes), tartiflette (baked potatoes, reblochon cheese, lardons and onions) and its variant, the croziflette (potatoes are replaced with little pasta called crozets).

ARRIVING IN ANNECY



By plane International Geneva airport (GVA)

How to get to the city centre from Geneva airport?

- Bus lines T72 and T74 leave from the airport to reach the center of Annecy
- Carpooling : usually from 6 € through Blablacar

+ further informations www.transalis.fr | www.gva.ch/fr | www.blablacar.fr

By train Annecy

Annecy is 3 hours 40 minutes from Paris, 1 hour 50 minutes from Lyon and 1 hour 30 minutes from Geneva by train. The railway station is located 1.2 km from Alpes Europe Campus, which is a 15 minute walk.

+ further informations www.sncf-connect.com



By car Annecy

1 hour 15 minutes from Lyon and 45 minutes from Geneva.

+ further informations www.blablacar.fr

By public transports Sibra

Alpes Europe Campus : Line bus 15, Balmettes stop

A single ticket, which lasts 1 hour, costs 1,50 €. Several transport pass are available for people under 26: monthly at 23.60 €, quarterly at 59 € and annual at 156 €. Some of them can be combined, for example train and bus or inter-city pass.

+ further informations www.sibra.fr



By bike Vélonecy

More than 600 bikes are available in the city and its surroundings with several rental options.

Students benefit from the following reduced rates:

- for a classic or folding bike: 4 €/day, 8 €/week, 13 €/month, 56 €/year
- for an electric bike: 8 €/day - 14 €/week - 20 €/month - 180 €/year

+ further informations www.velonecy.com

VISA – RESIDENCE PERMITS

You are a citizen of the European Union, the European Economic Area, or Switzerland : No formalities are necessary. A valid identity card or passport is sufficient.

You are not a citizen of the European Union, the European Economic Area, or Switzerland : A passport is required to enter the French territory. Before departure, contact the French Embassy in your country and make sure that your passport expires at least 6 months after the final day of your stay.

△ Please note that since October 1st, 2021, the British students are also subject to this obligation.

1) Get a student visa

At the end of the registration process, British and non-EU candidates will have to apply for a long-stay visa valid as a residence permit.

If you apply from a country where the Campus France procedure is mandatory (Etudes en France / Study in France), you have to submit your application through the online procedure.

Refer to Campus France's website:

www.campusfrance.org/fr/candidature-procedure-etudes-en-france

Students generally benefit from a long stay visa, equivalent to a residency status (VLS / TS). It exempts from administrative formalities during the first year. However, the visa must be validated within 3 months of entering France.

Validate your visa online :

administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/
> Validate your VLS-TS long stay visa

2) Renewal of residence permit

If you wish to pursue your studies at UCLy, you must apply for a renewal within 2 months before your student VLS-TS expires. Do not hesitate to contact the International Student Desk (ISD), if you require help with your application.

After providing the list of required documents, the ISD will check them with you if necessary for the online submission of your application on the website:

administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/
> I would like to apply or renew my residence permit

+ further informations

Préfecture du Rhône | 97, rue Molière – 69003 Lyon
Tél. : +33(0)4 72 61 60 60 ou +33(0)4 72 61 67 06

www.rhone.gouv.fr

Préfecture de la Haute-Savoie | Rue 30E Régiment d'Infanterie - 74000 Annecy
Tél. +33(0)4 50 33 60 00

www.haute-savoie.gouv.fr



LIVING IN FRANCE

1) Social Security – healthcare

If you are a citizen of the EU / EEA or Switzerland, you should apply to the social welfare organization of your country of origin for a European Health Insurance Card (EHIC).

If you are not a citizen of the EU / EEA or Switzerland, the affiliation to the French social security is mandatory. You will have to do it online and submit the required documents: etudiant-etranger.ameli.fr/espace/#/

Since this process cannot be completed before your arrival in France, it is therefore strongly recommended to take out insurance before your departure to cover your health expenses in France during the first months. Indeed, the registration to the social security is not effective immediately.

+ further informations :

Rhône www.ameli.fr/rhone/assure/droits-demarches/europe-international/protection-sociale-france/vous-venez-etudier-en-france

Haute-Savoie www.ameli.fr/haute-savoie/assure/droits-demarches/europe-international/protection-sociale-france

ucl.fr/frais-de-sante/

2) Banking

The French currency is the Euro [€].

It is advised to open a bank account in France upon arrival. You must provide the following documents in order to open a bank account :

- a proof of address
- a valid identity card or passport
- a certificate of enrollment or a student card

+ further informations:

ucl.fr/en/bank-account

3) Work in France

Most foreign students are allowed to work up to 60% of a full time job without any additional administrative authorization (check your status).

4) Student and Campus life contribution

Each student must pay a mandatory contribution of 90 € before registering at UCLy. To proceed, visit : www.messervices.etudiant.gouv.fr

This fee does not apply to exchange students.

For more information about practical matters of your life in France, about these administrative procedures, feel free to contact the International Student Desk (ISD).

DID YOU KNOW?

- Stores are generally open from 10 am to 7 pm, except on Sundays.
- The French usually have lunch between 12 pm and 1 pm and dinner between 7 pm and 8 pm.
- People greet each other by kissing on the cheeks. This is called *la bise*. The number of kisses depends on the region: in Lyon it's two!
- We drive on the right.
- The electrical outlets are type C and E (voltage 230 V, frequency 50 Hz). Remember to bring a universal adapter!
- Because of its geometric shape, France is called "the Hexagon".
- The motto is "Liberty, Equality, Fraternity".
- Before starting a meal, we wish each other a *bon appétit*.

PRACTICAL LYON

1) Where to find a job?

Small ads on Ecampus

[Ecampus](#) > [Vie Etudiante](#) > [Petites Annonces](#)

At the CROUS (Regional Centre for Student Support Services), which offers short-term jobs.

59, rue de la Madeleine – 69007 Lyon

www.crous-lyon.fr

At the Regional Youth Information Center (CRIJ)

66, cours Charlemagne – 69002 Lyon

www.info-jeunes.fr/

More job search websites :

www.indeed.fr/

jobs-stages.letudiant.fr/jobs-etudiants.html

www.jobaviz.fr/

Looking for an internship ? Consult the school, institute or faculty where you are registered.

2) Budget

This is only an estimate of the costs students will have to support for everyday life in Lyon. Some costs are subject to change !

Accommodation

- UCLy University Residence - Houses St Laurent and St Bernard : 423 € + 15 € [electricity] for stays of more than 6 months and 438 € [all charges included] for stays of less than 6 months
- Spare rooms: 420 € [all charges included]
- A studio: from 550 € [charges not included]
- Room in a shared flat: 500 € [charges not included]
- Private student residence: from 500-520 € [electricity expenses not included]

Other expenses

- Monthly electricity, gas and telephone bill : 60€ on average

City transport

- Student subscription up to 27 years old from 23,60 € to 25 €
- Subscription + of 27 years old from 44,50 € to 66,40 €

Food

- About 200 € a month
- Lunch at the university cafeteria : ~ 4€
- Diner at a nice restaurant : ~ 20€
- 1 baguette : 1€

Leisure

- Swimming pool : 3,40€
- Cinema ticket (student price) : 9,10 to 9,30 €



LEISURE ACTIVITIES

1) Discover Lyon and its region

– Lyon Tourist Office - Place Bellecour :

www.lyon-france.com

– To find out about good spots in Lyon :

www.lyon-france.com/Je-decouvre-Lyon/collector-le-city-guide [ui](#)

2) Cultural events

Universities usually offer their own cultural activities such as theatre, dance, concerts, exhibitions, guest lectures, cine-clubs... But also spread the word about cultural events in Lyon and its surroundings.

+ further informations www.lyoncampus.com/

• Pass Culture

The city of Lyon offers a cultural package giving access to 4 cultural events (to choose among 102 institutions in the agglomeration) for 18 €, as well as various discounts.

Priority is given to newcomers on presentation of the student card (or registration certificate).

Pass Culture will be sold from September, and is limited to 2 per student.

+ further informations passculture@grandlyon.com

• 3) UCLy's Cultural Mission

By often showing works of art and cultural events on Lyon campuses, hosting thinkers and creators to exchanges and UCLy offers to upgrade their students' learning experience.

+ further informations uclly.fr/mission-culture/

EMERGENCY PHONE NUMBERS

• UNIVERSAL EUROPEAN EMERGENCY SERVICES NUMBER : 112

- SAMU (ambulances) : 15 – 04 72 68 93 00
- Fire brigade : 18
- Police : 17

Other useful numbers

- Anti-poison and Anti-drug Centre : 04 72 11 69 11
- Drugs Information service : 0 800 23 13 13 – 01 70 23 13 13
- Alcohol Information service : 0 811 91 30 30
- Psychiatric emergencies : 04 72 11 69 53
- Pharmacies open 24/7 :
Grande Pharmacie lyonnaise (de 20h à 8h00) : 04 72 56 44 00
22 rue de la République – 69002 Lyon
- Hôpital Saint Joseph Saint Luc
20 Quai Claude Bernard – 69007 Lyon
04 78 61 81 81
- SOS Médecins 24h/24 (doctors) : 04 78 83 51 51
- SOS Amitié (emotional support) : 04 78 29 88 88 – 04 78 85 33 33
- Neighbourhood police station : 04 78 35 33 28
- CAP Écoute : 0800 33 34 35 – 04 72 33 34 35
- Maison Médicale de Garde : 04 72 33 00 33
- Nightline : 04 85 30 00 10
Available in french and english | nightline.fr (chat)

PRACTICAL ANNECY

1) Where to find a job ?

Small ads on Ecampus

Ecampus > Vie Etudiante > Petites Annonces

At the **CROUS**, (Regional Centre for Student Support Services), which offers short-term jobs.

5 Rue d'Arsonval - 38000 Grenoble

www.crous-grenoble.fr

At the Regional Youth Information Center (SLIJ)

Centre Culturel Bonlieu

1 rue Jean Jaurès - 74000 Annecy

www.info-jeunes.fr

More job search websites:

www.indeed.fr/jobaviz.fr/

jobs-stages.letudiant.fr/jobs-etudiants.html

www.jobaviz.fr/

Looking for an internship ? Consult the school, institute or faculty where you are registered.



LEISURE ACTIVITIES

1) Discover Annecy and its region

Information at the Tourist Office of Lake Annecy,
1 Rue Jean Jaurès - 74000 Annecy

For all the great places in the city and all around:

www.lac-annecy.com

www.lac-annecy.com/content/uploads/2020/11/Lac-Annecy-Guide-pratique.pdf

2) Cultural events

Universities usually offer their own cultural activities such as theatre, dance, concerts, exhibitions, guest lectures, cine-clubs... But also spread the word about cultural events in Lyon and its surroundings.

- **Carte Pass' Région**

- **Chèque Loisirs Jeunes**

+ further informations

ucl.fr/l-ucl/nos-campus/campus-annecy/loisirs/

EMERGENCY PHONE NUMBERS

- **UNIVERSAL EUROPEAN EMERGENCY SERVICES NUMBER: 112**

- SAMU (ambulances): 15

- Fire brigade: 18

- Police: 17

Other useful numbers

- Anti-poison and Anti-drug Centre: 04 72 11 69 11

- Drugs Information service: 0 800 23 13 13 – 01 70 23 13 13

- ANPAA 74 (Alcohol Information service) : 04 50 45 73 16 | www.anpaa.asso.fr

- OPPELIA THYLAC (Care center for drug addicts and their families) : 04 50 67 97 87 | www.oppelia.fr

- Psychiatric emergencies: 04 72 11 69 53

- SOS Médecins 24h/24: 04 78 83 51 51

- Gendarmerie: 04 78 35 33 28

- CAP Écoute: 0800 33 34 35 – 04 72 33 34 35

- SOS Amitié: 04 78 29 88 88 – 04 78 85 33 33

- Maison Médicale de Garde: 04 72 33 00 33

- Centre Hospitalier Annecy/Genevois: 1 avenue de l'hôpital – Metz Tessy 04 05 63 63 63

- Vaccination center including international vaccinations: 04 50 63 65 65

- Medico-psycho-judicial consultation: 04 50 63 65 39

- CeGIDD (Free Information, Screening and Diagnosis Center for Sexually Transmitted Infections sexually transmitted infections) : 04 50 63 63 71

- Centre d'éducation et de planification familiale et centre d'IVG: 04 50 63 63 39

- SOS Médecins Annecy [7]/7 – 24h/24

- Consultations at home or in a medical centre on call: 3624

- Online appointment booking sur <https://annecy.rdvasos.fr>

ACADEMIC CALENDAR

Semestre 1 : Septembre – Janvier

Semestre 2 : Février – Juin

1) School and public holidays

- **Christmas :** 2 weeks (end of December – beginning of January)
- **Winter Holidays :** 1 week in February or March
- **Spring Holydays :** 1 or 2 weeks in April
- **Public Holidays :**
 - _ November 1st (All Saints' Day)
 - _ November 11th (Armistice Day)
 - _ December 25th (Christmas)
 - _ January 1st (New Year's Day)
 - _ April 10th (Easter Monday)
 - _ May 1st (Labor Day)
 - _ May 8th (Victory in Europe Day)
 - _ May 18th (Ascension Day)
 - _ May 29th (Whit/Pentecost Monday)
 - _ July 14th (National Day)
 - _ August 15th (Assumption Day)

▲ IMPORTANT

2) UCLy is closed

- From Friday evening, December 23th, 2022 to Tuesday morning, January 3rd, 2023
- The first 3 weeks of August

However, ILCF remains open during July and August.



1 UNIVERSITY — 3 CAMPUSES

UCLy is located on 2 campuses very close to each other in the heart of Lyon and 1 campus in Annecy :



Campus Saint-Paul
10, Place des archives – Lyon 2^e

- Rectorate
- Administration
- The Department of Legal, Political, and Social Sciences
- The Department of Sciences
- The Department of Economics and Management
- Central services (International Relations, Communication, University Secretariat)
- Student services



Campus Carnot
23, Place Carnot – Lyon 2^e

- The Department of Letters and Languages
- The Department of Theology and Religious Sciences
- The Department of Philosophy and Human Sciences



Campus Alpes Europe
25, Rue de la Cité - Annecy

- The Faculty of Law
- ESDES (Business School)



STUDENT SERVICES ON THE CAMPUSES

All the services hosted on the Saint-Paul and Carnot campuses are available to students of the Alpes Europe Campus.

Do not hesitate to contact them by email or by phone!

1) Housing Office

S Saint-Paul Campus - C029 office
Isabelle MORALES
sl@univ-catholyon.fr
Tel.: +33(0)4 26 84 52 02 or +33(0)4 72 32 51 73

There are different types of housing :

- 2 UCLy student residences :
House Saint Bernard and House Saint Laurent
www.maisondesetudiantslyon.fr
- social housing
- Private student residences
- Boarding house with families

+ further information

www.ucl.fr/en/student-life/accomodation-ucl/

You can be eligible for housing benefits (rather applicable to long stay). Housing assistance is granted from the month after you move in, subject to the submission of a complete application file.

+ further information

www.caf.fr

logement-caf/

2) Catering

2 cafeterias on the Lyon campuses:

- **Saint-Paul Campus**
Monday to Friday – 7.30 am to 5 pm
- **Carnot Campus**
Monday to Friday – 7.30 am to 4 pm

1 cafeteria on the Annecy campus:

- **Alpes Europe Campus**
University cafeteria and restaurants

ucl.fr/l-ucl/nos-campus/campus-annecy/se-restaurer-a-annecy/

3) Health

- **Preventive medicine**
Consultations and prevention

S Saint-Paul Campus – Health area C202
medecine.preventive@univ-catholyon.fr
Tel.: +33(0)4 72 32 51 72



• Counselling service (Point Écoute)

Emotional and psychological support provided by a professional in a confidential atmosphere.

S Saint-Paul Campus– Health area C202
point.ecoute@univ-catholyon.fr
Tel.: +33(0)4 72 32 50 27

• Mission Handicap

Mission Handicap has been established to ensure a comfortable learning environment for students with disabilities. Specific procedures regarding courses and/or exams can be implemented, depending on your situation or requests.

S Saint-Paul Campus– CE53 office
mission.handicap@univ-catholyon.fr
Tel.: +33(0)4 72 32 51 72

• Resting area and workshops

Did you know that sleeping well helps you succeed? That's why a siesta room has been set up to help you discover the benefits of a micro nap on the body. Sophrology, meditation and aromatherapy workshops are also offered throughout the year.

S Saint-Paul Campus – Basement – AS01 room

4) Sports

Choose among 25 activities from mid-September to mid-May (aerobics, athletics, rowing, climbing, football, dance, swimming, etc.)
Gymnasium, 6th Floor

S Saint-Paul Campus - Gymnasium, 6th Floor (Building A)
bds@univ-catholyon.fr
Tel +33(0)4 72 32 50 69
Open on Mondays, Tuesdays and Fridays from 12:30 to 1:30 p.m for information

5) Chaplaincy

Chaplaincy welcomes students, professors and administrative staff. Solidarity and creativity initiatives, through events organized all year long.

S Saint-Paul Campus– C258 room
aumonerie@univ-catholyon.fr
Tel +33(0)4 72 32 50 16

6) Choeurs de l'UCLy

Conducted by a young and dynamic professional choirmaster, the Choirs of UCLy allow to develop vocal expression, interpretation, listening, breathing, voice placement, and quality musical performances.

• Choir school:

4 workshops are offered during the year: Gospel, musicals, French and international songs. No experience is required; the pedagogy of the choirmaster adapts to all levels, and the repertoire

opens to all styles. This workshop welcomes students, members of the concert choir, but also people from all backgrounds wanting to discover a musical style.

• Concert Choir:

The choir of the University offers a repertoire covering several centuries of sacred musical heritage (Monteverdi, Bach, Haydn, Mendelssohn and contemporary composers) for concerts with soloists and professional musicians. It is open to UCLy students and staff, as well as anyone wishing to join the choir. At the beginning and after the rehearsal, a quick interview with the choirmaster will confirm your place in the choir.

Rehearsals on Mondays from 6:45 pm to 8:45 pm at the Ozanam Room

S Carnot Campus
choeurs@univ-catholyon.fr
Page Facebook : @AssoChoeursUCLy

7) Internet Access

Computer rooms are accessible to all UCLy students.

S Saint-Paul Campus - Building A - 2nd floor - Henri de Lubac Library
Carnot Campus - Building L - Ground Floor - L056
Alpes Europe Campus - University Library

Accessible during the opening hours of the premises . Free WiFi network is available on Saint Paul and Carnot Campuses.

8) The « Foyer »

Saint Paul and Carnot Campuses

Student break rooms, ideal for meetings and exchanges. The “foyers” are managed by the Student Board of associations (Fédé K'to). Micro-waves and drinks dispensers are available.

S Saint-Paul Campus : Building A - Level -1 and Building B - Ground Floor
Carnot Campus: Building L - Level -1
Alpes Europe Campus : Student space

9) Henri de Lubac University Library

The library hosts almost 400,000 documents, including 760 journals, 6,000 online magazines and 15,000 ebooks of which 300 are perennial.

Only modern literature is available to the students on a self-service basis: depending on the discipline, it is located on :

S Saint-Paul Campus - Building A - 2nd Floor
Open from Monday to Friday, from 8:30 a.m to 8:00 p.m

Carnot Campus - Building K - Ground Floor
Open from Monday to Friday, from 8:30 a.m to 8:00 p.m

Alpes Europe Campus - Student area
25 rue de la cité 74000 Annecy

+ d'informations :

www.ucl.fr/en/student-life/campus-life/library/

There is also a large number of municipal libraries:

+ d'informations :

www.bm-lyon.fr

as well as university libraries open to the public.

10) La Fédé

Student board of associations in charge of coordinating all of UCLY's student associations.

+ further information

ucl.fr/la-fede-kto/

www.facebook.com/fedekto

11) Humanities Training Department (DFH)

 Saint-Paul Campus – Building C, Entresol

fh@univ-catholyon.fr

Tel.: +33(0)4 72 32 51 56

The personal and cultural training – a specificity of UCLY !

The Humanities Training Department offers cross-disciplinary courses (intercultural relations, arts and ethics) as well as workshops (artistic expression, self-awareness, entrepreneurship) to develop our students' understanding of the world through different learning perspective.

These courses include:

- Robots and artificial intelligence at the cinema
- Emotional intelligence and positive psychology
- Media Literacy
- Theater : writing and acting
- Thinking and living interculturality
- International relations and NGOs
- Workshop: Acting in English
- Europe and Its Contemporary Geo-Political Issues
- Environmental challenges: biodiversity

Exhaustive list of DFH courses:

ucl.fr/catalogue-cours-formation-humaine/

The DFH offers excellent opportunities for encounters and exchange between French and international students. Besides, some courses are taught in English.

12) French Language and Culture Institute (ILCF)

Whether you want to follow French courses or take an exam to certify your skills, ILCF offers you this opportunity. You will have the choice between different teaching schedules as well as exam sessions throughout the year.

 Carnot Campus

ilcf@univ-catholyon.fr

Tel +33 (0)4 72 32 50 53

www.ilcf.net

Ucl
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**DÉPARTEMENT DE
FORMATION HUMAINE**

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ILCF



INTERNATIONAL RELATIONS OFFICE

UCLy, holder of the «Bienvenue en France» label since 2019, pays special attention to the quality of its welcome and support international students and is deeply committed to their continuous improvement. In this context, the International Relations team is pleased to welcome you throughout the year and to facilitate your integration so that you can live your French experience with serenity!



S Saint-Paul Campus – Ground floor
Tel.: +33 (0)4 72 32 50 79
ri@univ-catholyon.fr



INTERNATIONAL STUDENT DESK



You are lost in the maze of administrative procedures?
You would like to discover Lyon, French culture, gastronomy...?
You are looking for a job or you want to get involved in associations?

The International Student Desk (ISD) team is here to help, support and advise you for an easy integration. Do not hesitate to contact us or come to our office!

Opening Hours:

Tuesday and Thursday : 9 am to 5 pm + Wednesday : 9 am - 12h30 pm

For an appointment:

calendly.com/isd-ucly/rdv

Making an appointment is necessary for the following administrative procedures:

- Process for residence permit renewal
- Social security registration
- Housing allowance application

Access & Contact:

International Relations Office
Saint Paul Campus – Ground Floor - C025
isd@univ-catholyon.fr
+33 (0)4 26 84 50 13



PÔLE INTERNATIONAL

Within the International Relations Office, the Pôle International offers a wide range of events and free activities for UCLy's international students.

Once a year / semester:

- **Welcome Cocktail:** presentation of UCLy followed by a welcome buffet.
- **World dinner:** share and discover international food.
- **King cake party:** taste the traditional Galette des Rois.
- **Chinese New Year:** Chinese food and karaoke for a perfect evening.
- **Visit of the Museum of Fine Arts:** immerse yourself into the Museum's magnificent art collections.
- **Wine and cheese tasting:** don't miss these emblems of French gastronomy !
- **Meet and eat international:** be the ambassador of your country culinary and cultural traditions.
- **Visit of the Lyon Presqu'île:** discover the emblematic places in the heart of Lyon.
- **Escape Game:** take advantage of this game to know more about your buddy.
- **Visit the caves of La Balme:** welcome in the heart of Isère to discover the mysteries of these caves.
- **Find your Buddy:** come and meet the buddy of your dreams!
- **Thanksgiving:** Enjoy the famous traditional American meal
- **Painting evening:** learn how to paint and take home your masterpiece.
- **New Year New Me:** take some time for yourself at this Yoga/Pilate session
- **Cooking workshops:** learn how to prepare traditional dishes or pastries.
- **Visit of Saint-Paul campus:** discover the history of this former prison.
- **Visit the city of Vienne:** explore this Gallo-Roman city
- **Visit of the Town Hall:** enter one of the most beautiful historical monuments of the city.
- **Visit of the Garon valley:** take a breath of fresh air in the "Monts du Lyonnais".

Throughout the year:

Cultural and gastronomic excursions, bowling nights, exhibitions, raclette night...

- **Café langues :** improve your language skills and share your culture by meeting with French and international students
- **Breakfasts:** come and share a friendly time while tasting French specialities

Stay tuned !

www.facebook.com/internationalstudentsUCLY

Contact : poleinternational@univ-catholyon.fr



JOIN IN THE POLE INTERNATIONAL!

The Pôle International is delighted to collaborate with students to participate in the organization of events and activities. Two volunteer students share their experience:

«I decided to be part of the Pôle International in order to meet foreign students and also because I like to organise events. During this period, I was able to develop my language skills in both French and English, work in a team and welcome students from all over the world in order to connect them together. I believe that the mission of a volunteer is to give time to others and contribute to a personal and cultural development through exchanges.»

Pietra FIRAKOWSKI, at the faculty of law student from Brazil

« Early this year I decided to be part of the Pôle International, and I do not regret my decision! My main goal was to meet people with diverse backgrounds and have meaningful exchanges around our cultural differences, thus learning more about the world we live in. By attending Pôle International events, I made numerous international friends, and shared amazing moments with them as well as with other French members. Overall, contributing to the Pôle International is a greatly enriching experience for everyone involved! «

Maÿlis VANDAME, étudiante à l'ESTRI

If you want to become an active member of the Pôle International!

contact us at: poleinternational@univ-catholyon.fr





I am so sociable and I love being in a multicultural environment. The ISD organized many celebrations and parties for international students which made it possible to meet people from different cultures and also share your own culture. The staff is supportive and warm. I had a chance to meet Mégane from ISD. She always has a friendly smile and she is available anytime I need help. Mostly, she has easier!

Rozhin AFRASIABI, student from Iran

BUDDY PROGRAM

Be part of a tandem with a French student at UCLy who will help you easily integrate your new city. The Pôle International will put you in touch with your French buddy, after you've sent the following information at::

Contact: poleinternational@univ-catholyon.fr

Last Name, First name:

Nationality:

Arrival date:

Languages spoken:

Department/Faculty [at UCLy]:

Email address:

or online form :

uclly.fr/international/accompagnement-etudiants-internationaux/buddy-program/

I loved sponsoring international students. I was able to talk with them, help them upon their arrival in Lyon, and make them meet other students. I realized that despite our different nationalities, we had a lot in common! I was able to help them discover some aspects of French culture or advise them on nice places to visit! I saw their improvement in French language and they were able to ask me for advice on French «codes»! It was great, I am still in touch with two of my buddies! I hope I will see them again one day!»

Luna DROUOT, student at the Faculty of Law

LYON INTERNATIONAL



Our partner association Lyon International

400 families from Lyon welcome students at their home for a cheerful dinner. The perfect occasion for cultural exchanges!

Lyon International also offers festive events throughout the year: international buffets, discovery of the Beaujolais region, Rally of painted walls...

+ further information

www.lyon-international.org

CHECK LIST

Procedures

Before leaving:

- Make sure your passport/ identity card is valid until the end of your stay (or 6 months after the end of your stay for some countries)
- Book your accommodation (as a student, you can benefit from the VISALE program, check it online : www.visale.fr/#!/)
- Contact the French consular services in your country to obtain a visa
- Plan your budget
- Find out about your health coverage

Upon your arrival:

- Open a bank account
- Validate your visa
- Enrol in the French social security system
- Take out a complementary health insurance (called «mutuelle») to receive better reimbursement
- Apply for housing allowance (CAF) for stays longer than 3 months
- Take out civil liability insurance: often included in the home insurance or complementary health insurance, check this before taking out.
- Check if you need to pay the CVEC (cf. page 13)

Do not forget:

- Identity card (European citizens) or passport
- Birth certificate
- Important medical information and prescriptions
- Letter of acceptance from UCLy
- Driver's license
- Power plug adapter

Also remember to make copies of your important documents

For students with a long-stay visa for studies (VLS –TS) :

- Visa and confirmation of VLS-TS validation

For citizens of the European Union, the European economic area, the Swiss confederation:

- European Health Insurance Card (EHIC) valid for the entire duration of the stay in France

For Andorran nationals:

- Form SE 130-04

For Monegasque nationals:

- Proof of the assumption of responsibility by the Monegasque regime

For students from Quebec:

- Certificate from the Régie de l'Assurance Maladie du Québec (RAMQ)

For stays shorter than 3 months:

- Certificate of health insurance and repatriation covering the entire duration of the stay